



**KYNETON COMMUNITY  
& LEARNING CENTRE INC**

## Program Guide

### Term Four

**October 9—December 22, 2017**

*For you, your family and the community*

Welcome to our Term Four program guide! We have many courses and activities scheduled this term. Have a look online at [www.kynetonclc.org.au](http://www.kynetonclc.org.au), contact us on **5422 3433** or email [admin@kynetonclc.org.au](mailto:admin@kynetonclc.org.au) to enquire and enrol, or drop in and say hello!

We are open Monday—Thursday 9am-3:30pm (closed during school holidays)

**Have your Say! Please complete our Community Survey** <https://www.surveymonkey.com/r/FGFPSTH>

### COMMUNITY INITIATIVES



A tasty and healthy lunch for all of Kyneton!  
Wednesdays during School Terms @ Kyneton Mechanics Institute | 12:30 pm  
**Cost: \$5.00 incl. Lunch, Dessert, Tea & Coffee (children gold coin donation)**  
If you have produce to donate contact:  
[kynetoncommunitylunch@gmail.com](mailto:kynetoncommunitylunch@gmail.com)

### Kyneton Long Lunch

#### Food-Coffee-Wine-Music-Community

A delicious 2 course meal sourced from local ingredients!  
Sunday 29th October 12pm, Kyneton Mechanics Institute  
Tickets: Adults, \$30, 13-18 Years \$15  
Kids under 13 FREE  
Coffee and Alcoholic beverages available (bar prices)  
**Buy tickets online [www.kynetonclc.org.au](http://www.kynetonclc.org.au) or at KC&LC**

### The Kyneton Whole Town Garage Sale! Saturday 21st October, 8am—2pm! Only \$5!

Register and Pay through our website or in the office. Registrations close Thursday 12th October. Garage Sale maps will be available on the day from KC&LC from 8am-12pm for \$3



### Boomerang Bags



Join the fun of making Kyneton plastic bag free! Regular working bees scheduled at KC&LC, Bupa Aged Care and RM Begg. Follow us on Facebook or drop by the centre for details of upcoming workshops.

### LETS! Project

This 2017 funded project supports community groups and organisations with the cost of starting up new initiatives and skills development for young people in the Macedon Ranges Shire. Enquire for further details at KC&LC.

### Macedon Ranges Community MS Support Group

For further information, email: [mrcmssg@icloud.com](mailto:mrcmssg@icloud.com) or Facebook — [www.facebook.com/groups/648664761821865/](https://www.facebook.com/groups/648664761821865/)

### Kyneton ARSC Food Bank

Donations can be left at Kyneton Caring Community, Mollison St or Aesop's Attic Bookshop (High St). Contact Allison 0488 407 425

### GENERAL SERVICES

### Call to book a space in our new and improved Computer Room!! Only \$2 per hour!

Low cost photocopying, printing & faxing also available.

**Room Hire**—7 days a week. Commercial Kitchen, Small & Large Meeting Rooms, Equipment Hire & Wi-Fi can be arranged. \$16.50 Per hour. **Bookings essential!**

**Volunteering** - KC&LC currently has vacancies in Kyneton Community Lunch, Volunteer Co-ordination Assistant, Computer /Tablet skills (providing one-to-one assistance), Cooking Workshops, Garden Design & Maintenance including the edible garden, Web Maintenance Social Coffee outings and Interior Design advice available - enquire at KC&LC

**Occasional Child Care** Monday to Friday from 9am—2pm. Waiting lists apply. Contact the centre for more information



**For what's on at other Neighbourhood Houses across the Macedon Ranges visit [www.MRNH.org.au](http://www.MRNH.org.au)**



## COURSES, CLASSES & WORKSHOPS (MIN NUMBERS REQUIRED)

<b>Responsible Service of Alcohol (RSA)</b>	It is compulsory to have an RSA certificate if you work in a venue with general, on-premises, late night or packaged Liquor Licence, such as a bottle shop. <b>Bookings Essential!</b>	<b>Wednesday 25th Oct or 29th Nov</b> 5:00 to 9:00 pm Cost: \$80
<b>First Aid Level 2 (HLTAID003)</b>	Learn basic first aid response for emergency life support until assistance arrives (includes CPR). To enrol go to: <a href="http://www.its.vic.edu.au/hltaid003-provide-first-aid-courses/">www.its.vic.edu.au/hltaid003-provide-first-aid-courses/</a>	<b>Saturday 4th November</b> 9 am —4:30 pm Cost: \$105 Conc. \$100
<b>CPR (HLTAID001)</b>	Covers the skills and knowledge required for CPR To enroll go to: <a href="http://www.its.vic.edu.au/hltaid001-provide-cadriopulmonary-resuscitation-cpr-refresher/">http://www.its.vic.edu.au/hltaid001-provide-cadriopulmonary-resuscitation-cpr-refresher/</a>	<b>Saturday 4th November</b> 9 am —12:30 pm Cost: \$75 Conc. \$70.
<b>I've Got Options</b>	Learn how to write your resume and keep it updated, how to apply for a job, conducting yourself in interviews, communicating in the workplace, team work skills, conflict management. You will also learn about tax, superannuation and holiday and sick leave.	<b>Thursdays 26th Oct to 7th Dec (7 weeks)</b> 10am-1pm Cost: \$80 Conc. \$50
<b>Permaculture</b>	Interested in growing your own vegies and learning the best way to establish your sustainable garden? This course is held in the Woodend Community Garden	<b>Fri 20 Oct to 1 Dec</b> 10am – 2pm (7 wks) \$70 Conc. \$65
<b>Introduction to Community Services</b>	Students will gain an over-view of the work skills required to work in the community services sector and will have a pathway into accredited training in the community services area.	<b>17,18, 24 &amp; 25 October</b> 10am-2pm Cost: ACFE \$80 Conc. \$70
<b>Equine Studies</b>	Activities are hands on and informs the students about the range of opportunities in the equine industry. Participants will be introduced to the various skills required to work as a stable hand, farrier, equine dentist, track rider, stud and turf manager, racehorse training, horse vet/nurse.	<b>Mon 4th—Fri 8th Dec</b> 10am—4pm Cost: \$120 Conc. \$100
<b>Sourdough Making Demonstration</b>	Learn the ancient art of Sourdough Breadmaking! Our demonstration will provide you with the skills to confidently make your own loaves at home. Finish the workshop with yummy sourdough bread and soup and some sourdough starter to take home!	<b>Saturday November 18</b> 12:30—3pm Cost: \$40
<b>Introduction to Word</b>	Beginner's Level. Navigate and perform common tasks in Word, such as opening, viewing, editing, saving, and printing documents.	<b>Monday 23rd October</b> 4-7pm Cost: \$60
<b>Introduction to Excel</b>	Learn basic workbook skills, copying & moving data, printing, working with columns & rows and basic formatting. Beginner's Level.	<b>Monday 30th October</b> 4-7pm Cost: \$60
<b>Introduction to Publisher</b>	Learn how to how to create and manage text, pictures, graphics, and other elements, such as tables and shapes, and see how you can use these different components to create a variety of documents. Beginner's Level.	<b>Monday 13th Nov</b> 4-7pm Cost: \$60
<b>Introduction to PowerPoint</b>	Gain some basic understanding of what PowerPoint is, when to use it and some tips & tricks to make your presentations look great! Beginner's Level.	<b>Monday 20th Nov</b> 4-7pm Cost: \$60
<b>Mindfulness based stillness meditation</b>	A 6 week course taught by an experienced teacher, group facilitator & counsellor. A supportive group suitable for new or experienced students. Contact Voula Phone: 0402 622 554 <a href="mailto:counsellingandmeditation@gmail.com">counsellingandmeditation@gmail.com</a>	<b>Mondays</b> 7:30-8:30pm Contact Voula for dates
<b>Discovering Courage</b>	This Course will enable Participants to recognize and build resilience through the change process. Designed for women facing lifestyle changes. Life Transitions, Loss and letting go, Reconnecting, self acceptance. Contact Sandra to book your place 0409756292	<b>Wednesdays (7 weeks)</b> 18th Oct-29th Nov Cost: \$90



Instagram: @kynetonclc

