



**KYNETON COMMUNITY  
& LEARNING CENTRE INC**

# Program Guide

## Term One

**29 January— 29 March, 2018**

*For you, your family and the community*

Welcome to our Term One program guide! We have many new courses and activities scheduled this term. Have a look online at [www.kynetonclc.org.au](http://www.kynetonclc.org.au), contact us on **5422 3433** or email [admin@kynetonclc.org.au](mailto:admin@kynetonclc.org.au) to enquire and enrol, or drop in and say hello! **NEW!! ONLINE PAYMENTS AVAILABLE!**

We are open Monday—Thursday 9am-3:30pm (closed during school holidays)

**CLOSED ON CODE RED DAYS**

### COMMUNITY INITIATIVES



A tasty and healthy lunch for all of Kyneton! Wednesdays during School Terms @ Kyneton Mechanics Institute 12:30 pm

**Cost: \$5.00 incl. Lunch, Dessert, Tea & Coffee (children gold coin donation)**

If you have produce to donate contact: [kynetoncommunitylunch@gmail.com](mailto:kynetoncommunitylunch@gmail.com)

### Boomerang Bags

Join the fun of making Kyneton plastic bag free! Regular working bees scheduled! Follow us on

Facebook or drop by the centre for details of workshops or pick up a take home kit.

Facebook: Kyneton Boomerang Bags



### GENERAL SERVICES

**Call to book a space in our new and improved Computer Room!! Only \$2 per hour!**

Low cost photocopying, printing & faxing also available.

**Room Hire**—7 days a week. Commercial Kitchen, Small & Large Meeting Rooms, Equipment Hire & Wi-Fi can be arranged. \$16.00 Per hour. **Bookings essential!**

**Volunteering** - KC&LC currently has vacancies in Kyneton Community Lunch, Volunteer Intake worker, Computer /Tablet skills (providing one-to-one assistance), Cooking Workshops, Garden Design & Maintenance including the edible garden, Web Maintenance or come and provide an activity and share your skills!

Social Coffee outings and Interior Design advice available - enquire at KC&LC

**Occasional Child Care** Monday to Friday from 9am—2pm. **Places available!** Contact the centre for more information



### SOMETHING FOR THE KIDS!

<b>NEW</b>	<b>After School Pottery</b>	This class offers the basic principles of how to join clay together successfully when creating an object. Great for children to let of a bit of steam after school! For 6-12 year olds. Bring a snack and drink.	<b>Tuesdays</b> 13th Feb—20th Mar 4-5pm Cost: \$130
<b>NEW</b>	<b>Art School Macedon Ranges</b>	Students create their own masterpiece using their medium of choice. Guided by their own intuition & feelings, they might like to focus on a particular technique or just create, be messy & crazy! For ages 6+ All materials included. Bring a snack and drink.	<b>Thursdays</b> 8th Feb - 15th Mar 4-5:15pm Cost: \$130 Casual: \$25 per week

### COMING SOON!

<b>Social Media for Business</b>	Jam-packed social media sessions to open your eyes to the best way to make the most of your business profile! Facilitated by the brilliant Zali Nash from The Online Wordsmith, these 2 sessions will give you tips & tricks needed for Facebook & Instagram!	<b>7th &amp; 14th or</b> <b>19th &amp; 26th July</b> 9am—12:30pm Cost: \$20
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For what's on at other Neighbourhood Houses across the Macedon Ranges visit [www.MRNH.org.au](http://www.MRNH.org.au)



## COURSES, CLASSES & WORKSHOPS (MIN NUMBERS REQUIRED)

<b>Responsible Service of Alcohol (RSA)</b>	It is compulsory to have an RSA certificate if you work in a venue with general, on-premises, late night or packaged Liquor Licence, such as a bottle shop. <b>Bookings Essential!</b>	<b>Wed 21st Feb or 28th Mar 5-9pm Cost: \$85</b>
<b>First Aid Level 2 (HLTAID003)</b>	Learn basic first aid response for emergency life support until assistance arrives (includes CPR). To enrol go to: <a href="https://www.its.vic.edu.au/enrolment-form/?eventid=4834">https://www.its.vic.edu.au/enrolment-form/?eventid=4834</a>	<b>Friday 23rd Feb 9 am —4:30 pm Cost: \$115</b>
<b>CPR (HLTAID001)</b>	Covers the skills and knowledge required for CPR To enroll go to: <a href="https://www.its.vic.edu.au/enrolment-form/?eventid=4839">https://www.its.vic.edu.au/enrolment-form/?eventid=4839</a>	<b>Friday 23rd Feb 9 am —12:30 pm Cost: \$85</b>
<b>NEW</b> <b>Educators First Aid (HLTAID0004)</b>	The Australian Children's Education and Care Quality Authority has endorsed this course as satisfying all educator requirements for First Aid, Anaphylaxis Management and Emergency Asthma Training as outlined in the National Regulations. To enrol: <a href="https://www.its.vic.edu.au/enrolment-form/?eventid=4844">https://www.its.vic.edu.au/enrolment-form/?eventid=4844</a>	<b>Saturday 14th April 9am—5:30pm Cost: \$175</b>
<b>NEW</b> <b>Photography Composition Workshop</b>	Learn to create stunning photos! AT the end of these 4 x 2 hour classes you will be able to easily recognize what makes a photo great, apply 7 major composition principles and gain the confidence to experiment and share photographs.	<b>Thursdays (4 weeks) 8th Feb—1st Mar 10am—12pm Cost: \$35 per class</b>
<b>Permaculture</b>	Interested in growing your own vegies and learning the best way to establish your sustainable garden? This course is held in the Woodend Community Garden	<b>Fri 9 Feb to 23 March 10am – 2pm (7 wks) \$80 Conc. \$70</b>
<b>NEW</b> <b>Performance Pilates</b>	Introducing this excellent, highly recommended Pilates class! Jess has many years of teaching and coaching experience that, along with her caring and knowledgeable approach, make your Pilates journey a fantastic one. Suits all levels of skill. Bookings essential! Contact Jess on 0407090039 to book.	<b>Tuesdays (from 30 Jan) 9:15-10:15am \$20 per class (10% discount for whole term payment)</b>
<b>NEW</b> <b>Essential Oils 101</b>	Have an essential oil experience! Feel the amazing benefits as you touch & taste the oils. Learn about the properties and uses of oils to support health and wellbeing. You will also be able to make some blends to take home.	<b>Monday 12th Feb 7-8:30pm Cost: \$15</b>
<b>Mindfulness based stillness meditation</b>	A 6 week course taught by an experienced teacher, group facilitator and counsellor. A supportive group suitable for new or experienced participants. Contact Voula Phone: 0402 622 554 <a href="mailto:counsellingandmeditation@gmail.com">counsellingandmeditation@gmail.com</a>	<b>Mondays 7:30-8:30pm Contact Voula for dates</b>
<b>NEW</b> <b>Natural Soap + Skincare with Emily Sims</b>	Learn how to produce and enjoy the benefits of natural, wholesome soap and skincare products - free from harsh chemicals, perfumes and toxins. Includes grey-water safe dishwashing liquid, moisturising hand salve, body butter, herbal face masks, lip balm and beeswax wraps. You'll make a big batch of traditional "cold process" soap to take home! Email <a href="mailto:handtoground@gmail.com">handtoground@gmail.com</a> for more information and bookings.	<b>Sat Jan 13th 10:30am—2:30pm Cost: \$100</b>
<b>NEW</b> <b>Gluten Free Breadmaking Introduction with Emily Sims</b>	In this introductory workshop you will learn the art of making wholesome gluten free bread for yourself at home - including gluten free sourdough, artisan hand-shaped breads, hot cross buns, pizza dough and more. Take home a jar of sourdough starter, a copy of their recipe book "The Art of Gluten Free Baking" and your delicious freshly baked goods. Bring an apron and a clean glass jar with a lid (for taking starter home) with you. Email <a href="mailto:handtoground@gmail.com">handtoground@gmail.com</a> for more information and bookings.	<b>Sat Jan 20th 10:30am—2:30pm Cost: \$80</b>

